

SEEKING WOMEN WITH **FIBROMYALGIA** FOR A RESEARCH PROJECT

THE FIDGIT STUDY IS AN INVESTIGATION INTO RELATIONSHIPS BETWEEN **F**IBROMYALGIA, **D**IGESTIVE PROBLEMS, AND THE MICROBIOME OF THE **G**ASTRO**I**NTESTINAL **T**RACT

WHAT IS FIBROMYALGIA?

It's a mysterious, chronic pain condition affecting about 1 in 25 women.

As well as debilitating pain, other common problems are fatigue, headaches, digestive problems, sleep disturbances and more.

Poorly understood and difficult to treat, we aim to find out more about what links these symptoms, which may inform better treatments.

This study, in **AUCKLAND**, involves some tests and questionnaires. There are no medicines or treatments. *Some test results will be made available.*

HELP US UNDERSTAND FIBROMYALGIA!

PLEASE HELP WITH A
SMALL DONATION



For more information, please contact
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YOU CAN ALSO DONATE AT

<https://crowdfunding.sydney.edu.au/fibro>



THE UNIVERSITY OF SYDNEY

IF YOU HAVE FIBROMYALGIA and

- Are female, adult
- Not pregnant
- Not diabetic
- Have no chronic inflammatory condition
- Are willing to undergo testing
- Can visit the study centre in Auckland

Please **get involved!**

For more information **scan the code to visit the study website**



TheFIDGITStudy.com

Recruiting until end of July 2022